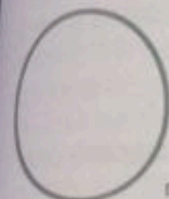




Kate Farr and her family enjoy DB's greenery  
 綠意滿溢的物業是令Kate與家人喜在其中



ne of the things we love most about living in DB is the great outdoors, whether a hike on the mountains or throwing a frisbee on the beach. Now that summer has finally arrived, picnicking with the whole family is a far better way to spend the weekend than cooped up inside a crowded mall. We ask residents to recommend their favourite spots for a day out in nature, complete with good food and company.

**Cicely Lindhaus, Family and Children's Photographer**

- FAVOURITE SPOT** The Lookout Point is quiet with beautiful views and a natural environment for the kids to explore.
- BEST EXPERIENCE** I enjoyed chasing butterflies with my kids there and admiring the view on a clear day.
- IDEAL OUTDOOR ACTIVITIES** It's also great for hiking, biking, or scooting for young kids, and splashing about in the rock pools.
- WHAT I LOVE ABOUT DB** The facilities and plenty of usable outdoor space.
- IN MY PICNIC BASKET** Fresh fruit, deli salads, crusty bread, olives, wine, cheese, cold meat and veggie slices. Also remember the bug repellent, as there are sandflies and mosquitos in the wilderness.
- INSIDER TIP** It's a good idea to book your return car before being dropped off at the Lookout Point.

**Kate Farr, English Writer and Editor**

- FAVOURITE SPOT** Central Park. After moving to DB, we went exploring and were extremely excited to discover such a huge expanse of grass that we could actually walk on – rare for Hong Kong!
- BEST EXPERIENCE** A picnic with friends last summer. The kids enjoyed the playground while the parents enjoyed a glass or two of wine!
- IDEAL OUTDOOR ACTIVITIES** My son loves to kick a football around, but the paved areas are also great for bringing the scooter.
- WHAT I LOVE ABOUT DB** There are far more open spaces than in other parts of Hong Kong. Impromptu sports are always being played with so many children around.
- IN MY PICNIC BASKET** Fresh bread, brie and a bottle of champagne!
- INSIDER TIP** Wet wipes are your secret weapon!

**Yoko Wende, Marketing and PR Consultant For % Arabica Coffee Roaster & Farm**

- FAVOURITE SPOT** Central Park. Either the grassy area near the playground, or the one facing the water behind Discovery College, which we discovered when our neighbour's friend threw a birthday party there. We've been living in front of Central Park for almost five years and it's spacious, peaceful and a great place for children.
- BEST EXPERIENCE** On a very ordinary day, we decided to pack our dinner and eat in the park. We put everything in a children's cart and picnicked on the grass until dark. A regular dinner became magical and the kids were very excited!
- IDEAL OUTDOOR ACTIVITIES** There are so many things you can do there: football, hide and seek, play catch, birthday parties, Easter egg hunts, you name it!
- WHAT I LOVE ABOUT DB** It's spacious, safe and clean. There is plenty of greenery and good facilities, such as washrooms, drinking fountains and rubbish bins in public areas.
- IN MY PICNIC BASKET** I like to pack something easy to eat and healthy for children. Our basket would likely contain roast Japanese sweet potatoes and sweet corn, sliced so they are easy to eat as finger food. I would also pack boiled quail eggs, rice balls and cucumber sticks with miso paste.  
 For dinner, I would pack whatever we were planning to eat at home. When we had our magical picnic evening, we brought two kinds of pasta in pots together with a bottle of water and disposable utensils. When you eat with proper cutlery, it's not only environmentally friendly but much more luxurious and specific.
- INSIDER TIP** Keep it light and flexible. If you feel like eating out one day, just pack whatever you were planning to eat at home and have a picnic!