



Super-quick stylist tips

Summer is busy enough already, so what better time for *Kate Farr* to prise some time-saving tips out of Hong Kong's grooming gurus?

If organising your family's busy summer plans has your needs at the very bottom of the pile, then it's time to call in the experts! We asked three Hong Kong stylists for their hot tips for hair, makeup and wardrobe that will allow you to pick up and go at a moment's notice – without needing to steer clear of reflective surfaces!

Jaime Smith, founder of Smudge Makeup Artistry

Working with brides, fashion stylists, photographers and busy mums to help them refine their look, Jaime is a mum-of-two herself and so understands the need to keep one eye on the clock when getting ready. Here are her tips.

- Always choose a moisturiser that contains an SPF. Keeping the skin refreshed and protected from the sun is the key to long-term youthful skin.
- Don't neglect your brows as they create a frame for your face and actually make your looks more youthful. Keep them tidy, brush them up and away from the face and don't be afraid to softly fill in any gaps or sparse patches.
- An essential for every sleep-deprived mum – curl your lashes! This will instantly open up the eye, making you look less

tired. A good mascara will go a long way in taking you from sleepy-looking to bright-eyed.

- Concealer can be your best friend or your worst enemy. A good concealer should help to cover discoloration and not accentuate those fine lines. Taking the time to identify the right formulation for your skin will speed up your morning routine and quickly freshen up your look.

Rennie Fensham, owner and creative director at Hollywood Hair

With 30 years' experience as a top hair stylist, there's nothing that award-winning styling maven Rennie hasn't seen. She gives her suggestions on getting ahead with your hair in time for the school run.

- Almost every face shape will suit a long bob that stops at the collarbone. This versatile style is also long enough to put up in a chic pony for days when you need to run out of the door, or it's just too hot to wear it loose.
- Invest in a great hairdryer to power-dry your hair, creating volume and saving time.
- Aim to wash your hair no more than three times each week – ideally just twice. You may need to "train" your hair to make this possible, which brings us to...
- ... Dry shampoo! This time-saving product gives great volume and will also help to prolong colour by reducing the need to wash so frequently. Simply spray in and brush out to absorb excess oil and freshen your style.

- If you're not a fan of chemical straightening treatments like the Brazilian Blowout, a humidity-blocking spray works wonders for Hong Kong's climate and does double-duty as a hairspray, holding your style in place.

Sheryl Bolden

Sheryl founded Make My Wardrobe Work in Hong Kong following 15 years of experience working in the UK's retail fashion industry. She now helps women of all shapes and sizes to refine and transform their wardrobes, regardless of budget and gives advice below.

- For a grab-and-go wardrobe, ensure that your system is manageable! Take out and store any items that don't fit you now but may do so in the future.
- If you're on a career break and have workwear that won't be needed for a while, store it somewhere out of sight. Keep your valuable wardrobe space for pieces you'll actually use.
- Only keep items that you love, and that make you feel good! Remove anything you don't actually like.
- Regardless of the size on the label, your clothes should always flatter your figure and be in colours that make your eyes shine. Even simple jeans and a vest for popping to the playground can look effortlessly beautiful if they fit well.

So there we have it; expert advice that buys you the time you need in the morning for that second cup of coffee while looking effortlessly polished. Enjoy the summer! 